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ABSTRACT

Based on the principles of child psychologist Dr. Haim Ginott, this book explores how the language of their responses affects parents' interactions with their children, often negatively, and how positive changes can lead the way to easier parenting and a more amenable home environment, and build self-esteem, inspire confidence, and encourage responsibility. Following a chapter that describes experiences of attending a series of Ginott's lectures on rephrasing our responses to children, the first part of the book addresses validating children's feelings, allowing a child autonomy, and using praise. This section also discusses how off-hand comments about children's behavior can become self-fulfilling roles. The second section deals with validating parents' feelings within the context of protecting the family, including guilt and anger, to improve parenting. (HTH)

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